



ALLERGY SYMBOLS

- Chilies
- Dairy
- Eggs
- Gluten
- Mustard
- Non Halal
- Nuts
- Pineapple
- Sea Food
- Sesame
- Soya

Note:

Strictly all orders close at 10a.m

Small meal \$8.50 is only applicable to Primary Students. 1pc roast chicken \$7.00

STAFF ORDERING PLAIN ROTIS TO TAKE HOME NEED TO PLACE ORDERS BY 10AM

Plain roti: \$1.00

Boil Egg: \$1.00

Canteen Menu Term IV

	MON	TUE	WED	THUR	FRI
BREAKFAST	Egg with Toast \$5 <i>(choice of egg: omelet ,sunny side pouched, fried scrambled)</i> Toasted Sandwich \$2.50		French Toast \$4 <i>Bread, egg, milk, cinnamon, cream, syrup</i>		Muesli \$4 <i>Oats, fruits, sultana</i> Flavoured Yoghurt \$1
RECESS All Week Days	Fruit salad \$7.00 <i>Apple, pear, oranges, watermelon, pineapple</i> Apple- \$1.50sml \$2 big, Pear \$2 Orange \$2 Watermelon \$2, Pineapple \$1.50 Salad \$2.50 Vegetable stick \$2.50 <i>Carrot, cucumber, celery, hummus</i>		Burgers \$6.50 <i>choice of meat (chicken, beef, fish) Salad, Mayonnaise, Pepper, Salt</i> Meat Sandwiches /w salad \$5.50 <i>(Chicken, Ham, Egg, Tuna), \$1 Extra Cheese</i> Veg Sandwich \$5.00 <i>Cheese, salad</i> Meat Pie S:\$3 L:\$5 <i>(Chicken Option)</i>		Chicken Wrap \$5.00 <i>Tortilla, carrot, cucumber, tomatoes, English/red cabbage, lettuce, mayonnaise, salt pepper.</i> Vegetarian Wrap \$4.00 <i>Hummus, carrot, cucumber, lettuce, tomatoes, gherkin, olives</i> Sushi Container \$7.50 <i>Chicken, Beef, Vegetarian, Tuna</i> Triangle Sushi \$5.50 <i>Chicken, Vegetarian, Tuna</i>
FAST FOOD / SALADS	Hot Dog \$5.50 <i>(please choose options: Mustard, Ketch-up, Mayonnaise, Cheese)</i> Chicken Salad \$7.50 <i>Chicken, cucumber, lettuce, tomato, onion, dressing</i> Roast Chicken Pasta \$10.00 <i>Chicken with pasta salad</i>	Pancake \$2.50 <i>Flour, Sugar, Vanilla, Eggs, Baking powder, Butter (Please ask for Syrup)</i> Buffalo Chicken Wrap \$5.50 <i>Wrap, fried chicken, garlic aioli, salad</i> Roast Chicken Potato Salad \$10.00 <i>Roast chicken with salad.</i>	Cheese chicken loaf \$8.50 <i>Chicken, salad, mayo, cheese loaf</i> Tuna Pasta Salad \$7.50 <i>Tuna, carrot, red onion, pasta, dressing</i> Roast Chicken w/ Wedges \$10.00	Macaroni Chicken Salad \$7.50 <i>Chicken, carrot, mayo, garlic, ginger, onion, cornflour</i> Tandoori Chicken Wrap \$5.50 <i>Salad, wrap, tandoori spice chicken, yoghurt cumin dressing</i> Tandoori Chicken Fries \$11.00	Mini pizza \$4.50 <i>Chicken ,cheese, salt pepper, tomato paste/tomato sauce</i> Chicken Sub \$7.50 <i>Salad, chicken, soya sauce, garlic, onion, ginger.</i> Roast Chicken with Kumala \$10.00
LUNCH - HOT MEALS	Lamb Curry (sml:\$8.50/L:\$12.00) <i>Potato, lamb, salt, garlic ginger, spices</i> Spaghetti Bolognese (sml:\$8.50/L:\$10.00) <i>Pasta, chicken mince, carrot, celery, onion, herbs, garlic, tomato, cheese</i> Veg Stir Fry \$8.50 <i>Vegetables, soy sauce, seasoning</i>	Sweet corn soup w/Garlic Bread \$8.50 <i>Chicken, garlic, ginger, corn flour, corn</i> Aloo Chana (sml:\$6.50/L:\$8.50) <i>Potato, chickpeas, tomato, spices, garlic, ginger</i> Chicken Nachos (sml:8.50/L:\$10.00) <i>Tortilla chips, mince, garlic/onion powder, salt pepper, tomato</i>	Chicken Chowmein (sml:\$8.50/L:\$11.00) <i>Chicken, cabbage onion, celery, soya sauce, noodles, oyster sauce.</i> Veg Chowmein \$8.50 <i>Noodles, soy sauce, vegetables</i> Bangers & Mash with Gravy (sml:\$8.50/L:\$10.00) <i>Sausages, mash potato, green pea, gravy</i>	Chicken Curry (sml:\$8.50/L:\$11.00) <i>Chicken, garlic, carrot, onion, ginger, soy sauce, corn flour</i> Fish and Chips (sml:\$8.50/L:\$11.00) <i>Flour, garlic, pepper, cornstarch, baking powder, vinegar, salt, fries, egg</i> Soya Chunk Fried Rice (sml:\$6.50/L:\$8.50) <i>Soya chunks, rice, soy sauce, garlic, vegies</i>	Bone Butter Chicken w/ rice or roti (sml:\$8.50/L: \$11.00) <i>Tomatoes, Cashew nuts, yogurt, cream, milk, onion, Ginger/garlic, Butter chicken masala, butter, oil, salt, puree</i> Mattar Paneer w/ rice or roti (sml:\$8.50/L:\$10.00) <i>Tomatoes, yogurt, cream, onion, Ginger/garlic, oil, salt, turmeric, chili powder, coriander, cumin, peas</i> Ika Vakalolo (sml:\$8.50/L: \$11.00) <i>Chinese cabbage, onion, garlic, coconut cream, cassava, fish</i>
BEVERAGES	Apple Juice 250ml \$2.50 Fiji Water 500ml \$2.50 Orange Juice \$2.50 Anchor Milk \$2.50 Apple Juice 1L \$4.00 Fiji Water 1.5L \$4.00 Lemonade \$2.50 Milo \$3.00		ICE-BLOCKS (ONLY Friday for Primary) Kool Pop \$0.80 Blitz \$1 Chock Attack \$1.00		SNACKS Brownies \$2.00 Cookies \$2.00 Cereal \$1.00 Nature Valley \$2.00