

ALLERGY SYMBOLS



Chilies



Dairy



Gluten



Mustard



Non Halal



Nuts



Pineapple



Sea Food



Sesame



Soya

Note:

Strictly all orders close at 10a.m

Small meal \$8.50 is only applicable to Primary Students. 1pc roast chicken \$7.00

STAFF ORDERING PLAIN ROTIS TO TAKE **HOME NEED TO** PLACE ORDERS BY **10AM**

Plain roti: \$1.00 **Boil Egg: \$1.00**

Canteen Menu Term IV

Egg with Toast \$5 (1)(1) French Toast \$4 (7) (choice of egg: omelet ,sunny side pouched, fried scrambled)

Bread, egg, milk, cinnamon, cream, syrup

WED

Muesli \$4 Oats, fruits, sultana

Flavoured Yoghurt \$1

Fruit salad \$7.00 Apple, pear, oranges, watermelon, pineapple

REAKFAST

All Week Days

RECES

F00D

FAST

- HOT

-UNCH

SALADS

Apple - \$1.50sml \$2 big, Pear \$2 Orange \$2 Watermelon \$2, Pineapple \$1.50

MON

Toasted Sandwich \$2.50

Salad \$2.50

Vegetable stick \$2.50 Carrot, cucumber, celery, hummus Burgers \$6.50

TUE

choice of meat (chicken, beef, fish) Salad, Mayonnaise, Pepper, Salt

Meat Sandwiches /w salad \$5.50 (Chicken, Ham, Egg, Tuna), \$1 Extra Cheese)

> Veg Sandwich \$5.00 Cheese, salad

Meat Pie S:\$3 L:\$5 (Chicken Option)

Chicken Wrap \$5.00

Tortilla, carrot, cucumber, tomatoes, English/red cabbage, lettuce, mayonnaise, salt pepper.

Vegetarian Wrap \$4.00

Hummus, carrot, cucumber, lettuce, tomatoes, gherkin, olives

> Sushi Container \$7.50 Chicken, Beef, Vegetarian, Tuna

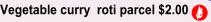


Chicken, Vegetarian, Tuna

Beef or Chicken roti parcel \$3.50

FRI

Tuna & Potato roti parcel \$2.00 (1)



Ginger, garlic, onion, salt, turmeric, lemon, masala

Mini pizza \$4.50

paste/tomato sauce

ginger.

Chicken Sub \$7.50

Egg roti parcel \$2.00 (1)

Onion, salt, pepper, spring onion, tomatoes

(please choose options: Mustard, Ketchup, Mayonnaise, Cheese)

onion, dressina

Lamb Curry

Hot Dog \$5.50

Chicken Salad \$7.50 Chicken, cucumber, lettuce, tomato,

Roast Chicken Pasta \$10.00

Chicken with pasta salad

(sml:\$8.50/L:\$12.00)

(sml:\$8.50/L:\$10.00

Potato, lamb, salt, garlic ginger, spices

Spaghetti Bolognaise 🗥 🔼

Pasta, chicken mince, carrot, celerv.

onion, herbs, garlic, tomato, cheese

Veq Stir Fry \$8.50 💔

Vegetables, soy sauce, seasoning



Pancake \$2.50



Buffalo Chicken Wrap \$5.50

Wrap, fried chicken, garlic aioli, salad



Roast Chicken Potato Salad \$10.00

Roast chicken with salad.

Cheese chicken loaf \$8.50

Chicken, salad, mayo, cheese loaf

Tuna Pasta Salad \$7.50 Tuna, carrot, red onion, pasta, dressing ()

Roast Chicken w/ Wedges \$10.00

Macaroni Chicken Salad

\$7.50 Chicken, carrot, mayo, garlic, ginger,

THUR

Tandoori Chicken Wrap \$5.50

onion, cornflour

Salad, wrap, tandoori spice chicken, yoghurt cumin dressing

Tandoori Chicken Fries

Roast Chicken with Kumala

\$11.00

\$10.00

Chicken ,cheese, salt pepper, tomato

Salad, chicken, sova sauce, garlic, onion,

Sweet corn soup w/Garlic Bread

\$8.50 Chicken, garlic, ginger, corn flour, corn

Aloo Chana (sml:\$6.50/L:\$8.50) Potato, chickpeas, tomato, spices, garlic, ginger /

Chicken Nachos (sml:8.50/L:\$10.00)

Tortilla chips, mince, garlic/onion powder, salt pepper, tomato

Chicken Chowmein (sml:\$8.50/L:\$11.00)

Chicken, cabbage onion, celery, soya sauce, noodles, oyster sauce.

Veg Chowmein \$8.50 Noodles, soy sauce, vegetables

Bangers & Mash with Gravy (sml:\$8.50/L:\$10.00 Sausages, mash potato, green pea,

Chicken Curry (sml:\$8.50/L:\$11.00) Chicken, garlic, carrot, onion, ginger,

soy sauce, corn flour

Fish and Chips (sml:\$8.50/L:\$11.00)

Flour, garlic, pepper, comstarch, baking powder, vinegar, salt, fries,

Sova Chunk Fried Rice (sml:\$6.50/L:\$8.50)

Sova chunks, rice, sov sauce, garlic,

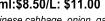
Bone Butter Chicken w/ rice or roti (sml:\$8.50/L: \$11.00)

Tomatoes, Cashew nuts, yogurt, cream, milk, onion, Ginger/garlic, Butter chicken masala, butter, oil, salt, pure

Mattar Paneer w/ rice or roti (sml:\$8.50/L:\$10.00)

Tomatoes, yogurt, cream, onion, Ginger/ garlic, oil, salt, turmeric, chili powder, coriander, cumin, peas

Ika Vakalolo (sml:\$8.50/L: \$11.00



Chinese cabbage, onion, garlic, coconut cream, cassava, fish

BEVERAGES

Apple Juice 250ml \$2.50 Fiji Water 500ml \$2.50 Orange Juice \$2.50 Anchor Milk \$2.50 Apple Juice 1L \$4.00 Fiji Water 1.5L \$4.00

ICE-BLOCKS (ONLY Friday for Primary)

Kool Pop \$0.80

SNACKS Brownies \$2.00 Cereal \$1.00

Cookies \$2.00 Nature Valley \$2.00

Lemonade \$2.50

Milo \$3.00

Blitz \$1

Chock Attack \$1.00