



Canteen Menu Term II

	MON	TUE	WED	THUR	FRI	
BREAKFAST	Egg with Toast \$5 <i>(choice of egg: omelet, sunny side, pouched, fried, scrambled)</i> Toasted Sandwiches \$2.50 <i>Chicken, Cheese, Egg, Tuna. Extra Cheese (\$0.50)</i>					
RECESS All Week Days	Fruit salad \$4.50 <i>Apple, pear, oranges, watermelon, pineapple</i> Apple- \$1.20, Pear \$2.00, Orange \$1.50 Watermelon \$2, Pineapple \$1.50 Salad \$2.50	Chicken Burger \$6.00 <i>Chicken, Salad, Mayonnaise, Pepper, Salt</i> Beef Burger \$6.00 <i>Beef, Salad, Mayonnaise, Pepper, Salt</i> Sandwiches with salad \$4.00 <i>Chicken, Cheese, Ham, Egg, Tuna, Extra Cheese (\$0.50)</i>	Chicken Wrap \$4.00 <i>Tortilla, carrot, cucumber, tomatoes, English/red cabbage, lettuce, mayonnaise, salt pepper.</i> Vegetarian Wrap \$3.50 <i>Hummus, carrot, cucumber, lettuce, tomatoes, gherkin, olives</i> Sushi Container \$7.00 <i>Chicken, Beef, Vegetarian, Tuna</i> Triangle Sushi \$5.00 <i>Chicken, Vegetarian, Tuna</i>	Beef or Chicken roti parcel \$3.50 Tuna & Potato roti parcel \$2.00 Vegetable curry roti parcel \$2.00 <i>Ginger, garlic, onion, salt, haldi, lemon, masala</i> Egg roti parcel \$2.00 <i>Onion, salt, pepper, spring onion, tomatoes</i>		
FAST FOOD / SALADS	Quesadillas \$4.50 <i>Tortilla, chicken, cheese, seasoning, sauce, bean</i> Chicken Pasta Salad \$6.00 <i>Chicken, cucumber, lettuce, onion, dressing, pasta</i> Roast Chicken Pasta \$8.50	Chicken Club Sandwich \$5.00 <i>Bread, egg, chicken, salad, mayonnaise, cheese</i> Tandoori Chicken Wrap \$4.50 <i>Salad, wrap, tandoori spice marinated grill chicken, yogurt cumin dressing</i> BBQ Chicken Potato Mash \$8.50 <i>Chicken breast marinated in bbq sauce served with mash and salad</i>	Pancake \$2.50 <i>Flour, Sugar, Vanilla, Eggs, Baking powder, Butter (Please ask for Syrup)</i> Buffalo Chicken Wrap \$4.50 <i>Wrap, fried chicken, garlic aioli, salad</i> Grill Chicken Cassava \$8.50	Hot Dog \$4.50 <i>Please ask for Mustard, Ketchup, Mayonnaise, Cheese (please choose options)</i> Cheese chicken loaf \$5.50 <i>Chicken, salad, mayo, cheese loaf</i> Tandoori Chicken Fries \$8.50	Mini pizza \$4.00 <i>Chicken, cheese, salt pepper, tomato paste/tomato sauce</i> Garlic Bread \$3.00 <i>Margarine, garlic, Basil. Salt, pepper</i> Roast Chicken with Garlic Bread \$8.50	
LUNCH - HOT MEALS	Pumpkin Soup \$7.00 <i>Pumpkin, garlic, seasoning, cream, milk</i> Spaghetti Bolognaise \$8.00 <i>Pasta, chicken mince, carrot, celery, onion, herbs, garlic, tomato, cheese</i> Chicken Mongolian \$9.00 <i>Chicken, green onion, soy sauce, corn flour, sugar, sesame oil, garlic, ginger, dry chili</i>	Chicken Black Bean \$9.00 <i>Chicken, garlic, carrot, onion, ginger, chili powder, corn flour</i> Chicken Nachos \$7.00 <i>Tortilla chips, mince, garlic/onion powder, salt pepper, tomato</i> Vegetarian Nachos \$7.00 <i>Cheese, capsicum, tomato onion, ginger, chips</i>	Chicken Manchurian \$8.50 <i>Chicken, spring onion, capsicum, onion, soya sauce, oyster sauce, flour, egg, corn starch, ketchup, sweet chilli, bbq</i> Soya Chunk Fried Rice \$7.00 <i>Soya chunks, rice, soy sauce, garlic, vegies</i> Chicken Curry \$9.00 <i>Bone chicken, turmeric, masala, spices, garlic, ginger</i>	Sweet Corn Soup \$7.00 <i>Corn, chicken, egg, seasonings</i> Veg Chowmein \$7.00 <i>Noodles, soy sauce, garlic, vegies</i> Fish and Chips \$8.50 <i>Fish, egg, flour, seasoning, fries, cornstarch, baking powder</i>	Lamb Palau \$10.00 <i>Lamb, salt, garlic, ginger, spices, masala</i> Mattar Paneer roti/rice \$7.00 <i>Tomatoes, yogurt, cream, onion, Ginger/garlic, oil, salt, turmeric, chili powder, coriander, cumin, peas</i> Chicken Egg Fried Rice \$9.00 <i>Chicken, egg, rice, soy sauce, garlic, vegies</i>	
BEVERAGES	Apple Juice 250ml \$2.50 Fiji Water 500ml \$2.50 Orange Juice \$2.50 Anchor Milk \$2.50 Apple Juice 1L \$4.00 Fiji Water 1.5L \$4.00 Lemonade \$2.50 Milo \$3.00				ICE-BLOCKS (ONLY Friday for Primary) Lick Lick \$0.80 Kool Pop \$0.80 Blitz \$1.00 Chock Attack \$1.00	SNACKS Brownies \$2.00 Cookies \$2.00 Cereal \$1.00 Nature Valley \$2.00

ALLERGY SYMBOLS

- Chilies
- Dairy
- Eggs
- Gluten
- Mustard
- Non Halal
- Nuts
- Pineapple
- Sea Food
- Sesame
- Soya

Note:
Strictly all orders close at 10a.m

Primary Hot meal \$6.50 if requested 1 pcs roast \$6.50. Roast chicken is marinated in soya sauce, ginger, garlic, season all, basil, thyme, oil, salt, pepper, bbq sauce, oyster sauce.

STAFF ORDERING PLAIN ROTIS TO TAKE HOME NEED TO PLACE ORDERS BY 10AM

Plain roti: \$1.00
Boil Egg: \$1.00