

Psychology T

Rationale

'The study of Psychology provides a comprehensive understanding of individuals, families and communities. Psychology explores common human experiences both across and within cultures. It promotes objective thinking and evidence based research, drawing on various methods of enquiry as the basis for exploring, understanding and interpreting human behaviour.'¹

Curriculum

This course is both theoretical and practical. It provides a repertoire of research methodology, analysis and communication skills. By undertaking this course, students will develop skills in analytical and critical thinking and learn to question and challenge assumptions about human behaviour.

The units covered in this course are the following:

- 1- Methods & Biological Approaches
- 2- Approaches to Behaviour & Learning
- 3- Human Relationships
- 4- Sociocultural Approaches to Behaviour
- 5- Abnormal & Health Psychology

In any one year the selection of the units may change as there is flexibility in the program that will allow this.

Where does it lead to?

'The study of this discipline is particularly relevant to further studies in the health professions, education, human resources, social sciences, sales, media & communication, community services, marketing and management. On a broader scale, knowledge from the Behavioural Sciences can be applied to society as a whole, helping us understand how individuals function with different contexts and how this is influenced by culture, shaping people's values, attitudes and beliefs.'²

¹ BSSS, AC Psychology T, 2015

² Ibid